KHAJA KO PARIKAR

(STARTERS)

(STARTERS)
Poleko Machha£3.95
Salmon tikka marinated with ginger, garlic and coriander, grilled in the Tandoor.
Chilli Paneer V (£3.75
Cottage cheese cooked with garlic, ginger, peppers and green chillies, fairly hot.
Vegetable Momo V£3.25
Mix vegetables steam dumplings mix with herbs & spices, served with traditional
home made chutney, Popular amongst the vegetarian.
Chicken Momo
Home made steam dumplings filled with chicken mince, herbs & spices, Served with traditional home made chutney.
Lamb Momo£3.75
Home made steam dumplings filled with tender lamb mince, herbs & spices, served with traditional home made chutney, Popular in Nepal.
Sandeko Chicken£3.75 Steamed chicken strips mix with garlic, ginger, lemon juice & herbs, touch of spices.
Duck Chhoyala£3.95
Shredded duck mix with spring onions, lemon juice, sesame oil & cucumber, touch of spices.
Tareko Aloo V ((£2.95
Mashed potato mixed with green chillies & spices, deep fried.
Khasi Chhoyala (£3.50
Shredded lamb mix with spring onions, lemon juice, mustard oil & cucumber, touch of mint
Onion Pakora V
Onions with hint of herbs & spices, battered in gram flour, deep-fried, served with sauce.
Vegetable Samosa V£3.25
Triangular shaped pastry case, filled with mix vegetables & spices, deep-fried.
Thulo King Prawn £4.25 Marinated King-Prawn with glaze of sweet & sour sauce and served on onion Pakora.
<u> </u>
Khursani Chicken (£3.75 Marinated chicken cooked with chillies & spices. hot.
Poleko Masu £3.75 Marinated lamb roasted in clay oven & tossed in pan with spring onions & spices.
Sheek Kebab£3.75
Mince lamb with herbs & spices, skewered & grilled in clay oven.
Chicken Chokta£3.75 Tender chicken marinated in yoghurt & spices, grilled in clay oven.
Chef's Platter£10.95
Mix of Chicken Chokta, Poleko Masu, Sheek kebab, Onion pakora & tareko aloo, served with salad & home made Chutney.
Popadom & Chutneys(each) £0.50
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Onion salad, Mengo chutney, mint and tamarind sauce.

POLEKO PARIKAR

(CLAY OVEN SPECIALITY

(CLAY OVEN SPECIALITY)
Kagati King Prawn£11.95 King-prawn marinated with lemon juice & lemon grass, touch of Himalayan spices,
served with pilau rice & mix vegetables. Poleko Paneer Mix V£7.25 Cottage cheese marinated with Nepali Jowano (Carum seed) and mix of onions,
peppers & tomatoes, served in sizzler. Karang Masu (served with salad)£8.95
Lamb chops marinated with ginger, garlic, yoghurt & hint of mint, roasted in clay oven. Karesa Tarkari V£6.95 Mix vegetable marinated & spiced, grilled in clay oven, served in sizzler.
Poleko Chicken (Half chicken roasted in clay oven, served in sizzler)£7.95
Chicken Chokta£7.95 Tender chicken marinated with yoghurt & spices, grilled in clay oven, served in sizzler. Lamb Chokta£8.75
Tender lamb marinated with yoghurt & spices, grilled in clay oven, served in sizzler. Royal Gurkha Mix£11.95
Mix of Lamb Chokta, Chicken Chokta, Karang Masu, Poleko Chicken & King Prawn, served with salad and chutney.
BHANSA KO PARIKAR (CHEF'S SPECIAL)
Timur Chicken (£7.95 Chicken cooked in typical Nepali style with mustard & Himalayan black pepper.
Naspati Chicken£7.95 Chicken cooked with pears, tomatoes, coriander & spices, chef's own recipe.
Sherpali Bhansa£8.95 Lamb cooked with Potatoes & Mooli, seasoned with brandy, traditional Sherpa style.
Chicken Halhale£7.95 Barbecued chicken cooked with tomatoes, yoghurt & fresh baby spinach.
Nariwal Chicken£7.75 Boneless chicken cooked with coconut & curry leaf, hint of mustard.
Newari Kachila ((£8.95 Mince meat balls mix with herbs, spices, stuffed with apricot & cooked in rich tomato sauce.
Patan Masu (Chicken / Lamb) (£7.95 / £8.95 Spiced chicken or lamb cooked with green chillies, peppers & tomatoes. very hot.
Mitho Bhansa£9.95 Chef's cocktail mix with sheek kebab, chicken chokta & lamb chokta cooked in creamy sauce
Khasi Jhol£8.75 Lamb marinated with cumin & coriander paste & cooked in traditional Nepalese style.
Bawari Chicken£7.95 Steamed chicken cooked with basil & pumpkin seed, creamy sauce.
Samfoo Chicken£7.95 Chicken tikka tossed with fresh fennel & cooked with the touch of herbs & spices.
Masu Aloo .£8.75 Tender pieces of lamb cooked with potatoes, herbs & spices. Popular nepalese dish.
Rim Jhim Duck((£9.95
Shredded duck cooked with chillies, onions, peppers, herbs & spices. Masu Gedagudi (£8.75 Tender lamb cooked with mixed beans, ginger, garlic and coriander.
Tondo ramb cooked with mixed beans, ginger, ganto and contained.

Traditional Nepalese dish.

SHAKAHARI KO PARIKAR

(VEGETARIAN MAIN DISHES)

Aloo Tama Katahar£5.95 Red potatoes cooked with jack fruit & bamboo shoots.
Mismas Tarkari£5.95
Seasonal vegetables cooked with tomatoes & coriander seeds.
Quati Dall£5.95
Mix beans cooked in traditional Nepalese herbs & spices, signature dish from Nepal.
Karahi Tarkari ((Spiced mix vegetables cooked in Karahi sauce)£5.95
Bhanta Aloo (Aubergine & Potatoes cooked with yoghurt sauce)£5.95
Bodi, Tama, Aloo (£5.95
Black eyed Beans, bamboo shoots & potatoes cooked with ginger, garlic & Nepalese herbs.

INDIAN I	PISHES		
	Chicken	Lamb	K. Prawn
Tikka Masala	£6.75	£7.75	£9.75
Very mild curry with tomatoes, fenugreek & cream,	most popular di	sh in Britain.	
Korma	£6.75	£7.75	£9.75
Mild curry with coconut & almonds.			
Butter	£6.75	£7.75	£9.75
Creamy dish with butter, similar to tikka masala.			
Madras ((£6.75	£7.75	£9.75
Hot curry cooked in south Indian style.			
Jalfrayzi ((£6.75	£7.75	£9.75
Julienne cut mix peppers, onions & tomatoes cook	ed with green cl	nillies.	
Vindaloo (((£6.75	£7.75	£9.75
Goan style hot curry cooked with potatoes, touch of	garlic & white v	vine vinegar.	
Rogan	£6.75	£7.75	£9.75
Onions, tomatoes, ginger & garlic cooked in Kashm	iri style.		
Karahi ((£6.75	£7.75	£9.75
Medium hot curry with tomatoes, peppers & onions	finished with cr	ushed coriano	ler.
Dansak	£6.75	£7.75	£9.75
Medium hot curry cooked in lentils.			
Karahi Paneer V (Cottage cheese cooked with	h Karahi sauce)		£6.75
Saag Paneer V (Cottage cheese cooked with s	spinach)		£6.75
BIRYANI	DISHES		
Chicken Tikka Biryani			£8.95
Tikka chicken cooked with saffron rice & served with	n curry sauce.		
Lamb Dimeni			CO 0E

Chicken Tikka Biryani	.£8.93
Tikka chicken cooked with saffron rice & served with curry sauce.	
Lamb Biryani	£9.95
Tender lamb cooked with saffron rice & served with curry sauce.	
Vegetable Biryani V	£6.95
Mix vagatables esoked with soffrancias & convol with ourse source	

Mix vegetables cooked with saffron rice & served with curry sauce.	
King Prawn Biryani£10.99	5

King-prawn cooked with saffron rice & served with curry sauce.	
Chef's Special Biryani£11.75	5

Chicken tikka, lamb & king-prawn cooked with saffron rice & served with curry sauce.

MACHHA KO PARIKAR

(FISH SPECIALS)

Tilapia Jhol (£8.95 Tilapia cooked with ginger, garlic and tomatoes, touch of spices & green chillies.
Malekhu Machha£8.95
Marinated Salmon grilled in clay oven & served with stir-fried Chowmin.
Methi King Prawn (£9.95
King prawn cooked with fenugreak leaves, spring onion & green chillis, seasoned with fresh lemon juice.
Tawa ko Seabass
Seabass fillet marinated with ginger, garlic and lemon, served with pilau rice
and chefs special sauce.
Trishuli Machha£8.95
Salmon tikka cooked with mustard seed, curry leaves & coconut milk,
Popular amongst fish lovers.

SHAKAHARI KO PARIKAR

(VEGETARIAN SIDE DISHES)

Bhute Ko Kera (Green Plantain cooked with tomatoes, onions & spices) $\dots\dots.\pounds3.45$
Aloo,Tama, Katahar £3.45
Red potatoes cooked with jack fruit & bamboo shoots.
$\textbf{Broccoli Masala} \ (\textbf{Broccoli cooked in creamy sauce with tomatoes \& onions }) \ \dots . \pounds 3.45$
Pindaloo Samfoo (Taro & Fennel cooked with mustard and cream sauce)£3.45
Oxford Aloo (red potatoes cooked in Nepalese spice) £3.45
Rato Dall
Mix of red & yellow split lentils cooked with fresh ginger & garlic, all time favourite.
$\textbf{Kauli Aloo} \ (\text{red potatoes cooked with cauliflower and spices}) \dots \\ \dots \\ \pounds 3.45$
$\textbf{Baraha Mase Saag} (\textbf{stir-fried seasonal spinach with garlic \& cumin seeds}) ~ \dots . \pounds 3.55$
Okra Aloo (Okra & Potatoes cooked in tangy sauce)
$\textbf{Mushroom Bhuteko} \ (\textbf{Stir-fried mushrooms with herbs spices}) \ \dots \ \dots \ \pounds \textbf{3.45}$
Saag Aloo (Potatoes cooked with spinach)
Bodi, Tama, Aloo£3.45 Black eyed Beans, bamboo shoots & potatoes cooked with ginger, garlic & Nepalese herbs.

CHILDREN'S CHOICES

Chicken korma & rice£5.9	5
Chicken chowmin£5.9	5
Fish finger & chips £4.9	5
Chicken nuggets & chips£4.9	5



CHOWMIN (NOODLES)

Chicken Chowmin£8.	.95
Stir- fried noodles with chicken, spring onions, mix peppers & carrots.	
Vegtable Chowmin (Stir- fried noodles with mix vegetables)£7.	.95
King Prawn Chowmin£9.	.95
Stir-fried noodles with king-prawn, spring onions, mix peppers & carrots.	
Hansilo Chowmin £9.	95
Stir-fried noodles with duck strips, spring onions, mix peppers, carrots & spices.	
Yeti Special Chowmin£10.	95
Stir-fried noodles served with lamb chop, chicken chokta & King Prawn.	

BHAT RA ROTI

(SUNDRIES)

LASSI
Chips£2.25
Plain Paratha£2.25
Chapati£1.75
Tandoori Roti (Bread cooked in clay oven)£1.95
Chilli & Garlic Nan£2.95
Cheese Nan£2.95
Garlic Nan
Geema Nan (Stuffed with lamb mince meat)£2.95
Peshwari Nan (Nan bread stuffed with coconut)£2.95
Plain Nan
Chayau Bhat (Mushroom Rice)£2.75
Anda Bhat (Egg Rice) £2.75
Kagati Bhat (Lemon Rice)£2.75
Jeera Bhat (Cumin Seed Rice)
Keema Bhat (Mince Meat Rice) £3.25
Pulau Bhat (Pillau Rice)£2.75
3hat (Plain Rice)

(YOGHURT DRINKS)

Sweet Lassi / Banana Lassi / Mango Lassi£2.75

If the dish of your choice is not listed, please enquire with us as we may be able to prepare it for you.

Allergy Awareness: Some of our dishes contains nuts or dairy products, if you suffer from allergies, then please enquire with our staff for full details. The Management reserves the right to refuse service.





V = Vegetarian

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